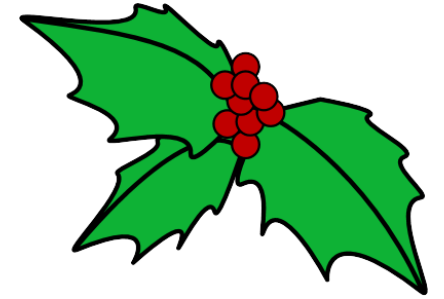


On the



day of Christmas my

trainer gave to me:

